

Eagle Hemp CBD Gummies

| Type | Safety | Efficacy | Recommended? |
|---|---|--|---|
|  |  |  |  |
| CBD dietary supplement | Evidence of harm | Evidence that it has no effect | No |

In detail:

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| The makers claim | Eagle Hemp CBD Gummies help you “see advancement in your own psychological, physiological, and neurological health” ¹ |
| What is the treatment? | Eagle Hemp CBD Gummies are chewable gummie sweets, to be taken with “lots of water” ¹ for 90 days. The ingredients of Eagle Hemp CBD Gummies are listed as hemp oil, clove extract, eucalyptus, coconut oil and ginger extract ¹ . |
| What are the downsides of this treatment? | Animal models suggest that cannabinoids may promote the development of tinnitus ^{2 3} . Users of marijuana are more likely to experience tinnitus ⁴ . Excessive consumption of coconut oil may contribute to lipid imbalance, leading to cardiovascular disease ⁵ . It is unsafe to take pure eucalyptus oil by mouth ⁶ . Cost - around \$60 for 30 gummies ¹ . |

Tinnitus UK try very hard to make sure our information is right, but this information should not be taken as medical advice. You should always check with your doctor before trying any tinnitus treatment.

| | |
|---|--|
| Has there been research into this treatment? | There are 10 relevant papers found with keywords tinnitus + cannabinoid in PubMed database |
| What does the research say? | <p>To date, there have been no systematic studies of the effects of cannabinoids on tinnitus in humans⁷.</p> <p>It is feasible that different cannabinoids may have different effects on tinnitus⁸.</p> <p>It is not certain whether clove or ginger is effective in treating any medical condition^{9 10}.</p> <p>Robust large-scale clinical trials have yet to confirm the benefits of coconut oil⁵.</p> |
| How high quality is the research?* | A-D |
| Tinnitus UK's opinion on this treatment: | <p>Very little research has been done, but the evidence so far suggests that cannabinoids may exacerbate tinnitus.</p> <p>Licences for the use of CBD oil or hemp oil as a medicine have not yet been granted.</p> <p>"Dietary supplements should not be recommended to treat tinnitus."¹¹</p> |
| Would Tinnitus UK support further studies into this treatment? | Yes, if a high quality study. |
| Comments | Products containing CBD oil are legal in the UK, providing the content of a psychoactive component of cannabis (THC, tetrahydrocannabinol) is 0.2% or below. |

* A = Systematic review/meta analysis. B = Randomised control studies. C = Cohort studies. D = Case control studies. E = case studies/reports. +/- to be used to indicate quality within bands

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For further information

The Tinnitus UK Tinnitus Support Team can answer your questions on any tinnitus related topics:

Telephone **0800 018 0527**
Web chat **tinnitus.org.uk**
Email **helpline@tinnitus.org.uk**
Text/SMS **07537 416841**

We also offer a free tinnitus e-learning programme, Take on Tinnitus at takeontinnitus.co.uk

References

All online references accessed 12 October 2022 unless noted.

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Feedback

We welcome feedback on all our information.

You can pass your comments to our Communications Team by calling us on **0114 250 9933**, emailing communications@tinnitus.org.uk or by writing to us at the address overleaf.

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