



# Tinnitus Roadshow Programme

**Saturday 4 October 2025**

**9.30**

**Registration with tea & coffee**

**10.00**

**Introduction**

Danny Knight, Partnerships Manager, Tinnitus UK

**10.15**

**Tinnitus – the basic facts**

Don McFerran, Retired ENT Consultant, global tinnitus expert and President of Tinnitus UK

**10.50**

**Taster sessions**

Mindfulness, Yoga

**11.25**

**The impact of tinnitus**

Dr Laurence McKenna, Clinical Psychologist and Honorary Clinical Lecturer, UCL Ear Institute

**12.00**

**Lunch & exhibitors**

A chance to visit exhibitors' tables

**13.00**

**Audiological and medical treatments for tinnitus**

Don McFerran, Retired ENT Consultant, global tinnitus expert and President of Tinnitus UK

**13.40**

**Taster sessions**

Yoga, Supporting each other

**14.15**

**Managing tinnitus related sleep problems**

Dr Laurence McKenna, Clinical Psychologist and Honorary Clinical Lecturer, UCL Ear Institute

**14.50**

**Q&A**

**15.30**

**Close**